

New! Youth Resource Card

The Concord-Carlisle Youth Card is a "plasticized" wallet-sized card with resources to help youth in unexpected situations and to generally help them stay safe and healthy. Cards are available at no cost at the Youth Services office. Contact Jennifer Clarke at 978.318.3043 or jclarke@concordma.gov

Concord-Carlisle Youth Resource Card

- **MA Alcohol and Drug Hotline**
1-800-237-5050
- **Mental Health Crisis Hotline (Advocates)**
1-800-640-5432
- **Teen Suicide Hotline (Samariteens)**
1-800-252-TEEN (8336)
- **National Domestic Violence Hotline**
1-800-799-SAFE (7233)
- **The Trevor Project (LGBTQ)**
1-866-488-7386
- **Planned Parenthood**
1-800- 230-PLAN (7526)
- **National Youth Homelessness & Runaway Safeline**
1-800-RUNAWAY (786-2929)

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Concord-Carlisle Community Chest

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Mspinterface.org
Local mental health resources

Teenshealth.org
General info on health and safety

Nationaleatingdisorders.com
Support for those with eating disorders

Itgetsbetter.org
LGBTQ organization

Barcc.org
Boston Area Rape Crisis Center

Teens.drugabuse.gov
Facts and resources for drug use and abuse

Information provided by Concord-Carlisle Youth and Community Services at 978-318-3034 or www.concordma.gov/youth