

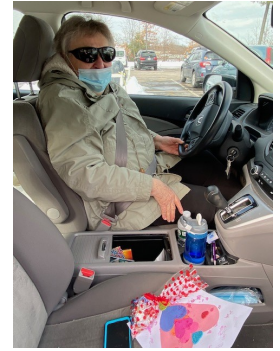
Concord Council on Aging  
**HIGH SPIRITS**  
Mid-Month Notes from Your COA

February 2021

Volume 2 No. 2

**At the COA it Means Drive-Through for Sweet Treats**

Valentine's Day, also called Saint Valentine's Day or the Feast of Saint Valentine, is celebrated annually on February 14. It originated as a Western Christian feast day honoring an early Christian martyr named Saint Valentine and is recognized as a significant cultural, religious, and commercial celebration of romance and love in many regions of the world.



**ROMANCE CORNER**



A National Poll on Aging from the Univ. of Michigan found that 72% of those 65–80 yrs. have a current romantic partner.

An AARP survey of 800 older women in Southern California found that those under 55 and over 80 were most likely to say they were satisfied with the romance in their lives.



**Harvey's Treasure Chest Gift Shop is Online!**

A fresh selection of items will be posted soon so please stop by online to see what tantalizes you! All the proceeds from 2019 & early 2020 have supported nearly all the programs and activities we have offered this past year. Thank you.

[CLICK HERE FOR HARVEY'S TREASURE CHEST ONLINE](#)

## Your Top 5...

**WHETHER YOU'RE BUNDLING UP IN YOUR COZIEST GEAR OR COUNTING THE DAYS 'TIL SPRING, HERE ARE FACTS ABOUT WHAT'S HAPPENING OUTSIDE NOW:**

5. **THE SNOWIEST CITY ON EARTH IS IN JAPAN:** Aomori City in northern Japan receives more snowfall than any major city on the planet. Each year citizens are pummeled with 312 inches, or 26 ft. of snow on average.
4. **SNOW FALLS AT 1 TO 6 FEET PER SECOND:** At least in the case of snowflakes with broad structures, which act as parachutes. Snow that falls in the form of pellet-like *graupel* travels to Earth at a much faster rate.
3. **WET SNOW IS BEST FOR SNOWMAN-BUILDING:** Physics confirms what you've known since childhood: Snow on the wet or moist side is best for building your backyard Frosty. One scientist pegs the perfect snow-to-water ratio at 5:1.
2. **WIND CHILL IS CALCULATED USING A PRECISE FORMULA.** When the weatherman reports a "real feel" temperature of -10 degrees outside, it may sound like he's coming up with that number on the spot. But wind chill calculated using a complicated equation devised by meteorologists. For math nerds the formula reads:  $Wind\ Chill = 35.74 + 0.6215T - 35.75(V^{0.16}) + 0.4275T(V^{0.16})$ .
1. **IT SOMETIMES SNOWS WHERE YOU LEAST EXPECT IT:** You wouldn't be shocked to see snow in Siberia or Minnesota during the winter. But northern areas don't have a monopoly on snowfall—the white can touch down everywhere from the Sahara Desert to Hawaii. Even the driest place on Earth isn't immune. In 2011, the Atacama Desert in Chile received nearly 32 inches of snow thanks to a rare cold front from Antarctica.

## Tech Corner

**Being Older Doesn't Mean You Need to Have an Older Phone!**

Featured here are three phones, remember cost does not include service:

"Lively Flip" - Cost: \$99.99

- \*Large buttons
- \*Emergency button
- \*Loud speaker

"Jitterbug Smart" - Cost: \$144.99

- \*Simplest of the smartphones
- \*Added emergency response
- \*Affordable

iPhone SE 2020—Cost: \$399.00

- \*Lightweight
- \*Cheap for iPhone

## Comedy Corner 😂



*'We've moved a few things around. Travel books are in the Fantasy section, Politics is in Sci-Fi, and Epidemiology is in Self-Help. Good luck.'*

*To unsubscribe please contact Laurie at:  
978-318-3020 or laustin@concordma.gov*