

Concord Council on Aging
HIGH SPIRITS
Mid-Month Notes from Your COA

January 2021

Volume 2 No. 1

Ringling in 2021 on Noon Year's Eve

The fun & music flowed when 2021 ushered in with DJ "Oldskool" Tom Dawkins. Tom is a Concord resident and Noon Year's Eve was his first time on Zoom - which shows how easy it is to connect!



WEATHER CORNER
Sunday's spring-like rain starts a week of sun & clouds, highs 35+ with lows in the upper 20s. Jan. 28 is the first full moon of 2021 aka the Wolf Moon!



DJ "Oldskool" returns to his 'gym' to host sock-hop music hits from the 40s, 50s, 60s and your requests on Friday, Jan. 29th, at 1:00 PM. Join us for another afternoon of classic and fond hits from yesteryear in the ease of your home —this is a groovy way to wind down your week. Please call the COA to let us know you want to be *in the gym* at 978-318-3020!



Top 5...

INTERESTING THINGS ABOUT INAUGURATION DAY

5. Shortest Inaugural Address: George Washington gave the shortest address in history during his 2nd inauguration on March 4, 1793— only 135 words long! The second shortest inaugural address was given by Franklin D. Roosevelt at his 4th inauguration and was only 558 words long.

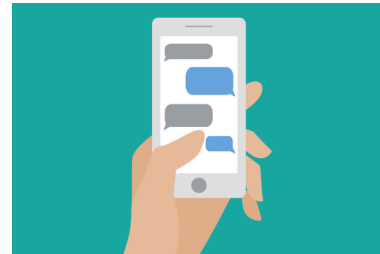
4. So Help Me God: This line is not part of the official oath. Washington is credited with adding "So help me God" after he finished his oath during his first inauguration. Most Presidents have uttered this phrase, however, Theodore Roosevelt decided to end his oath with "And thus I swear."

3. Inauguration Blamed for President's Death: On March 4, 1881 William Henry Harrison refused to move his ceremony indoors despite a heavy snowstorm. Harrison took the oath and gave the longest inaugural address in history (8,445 words, it took two hours to read) outside and wore no overcoat or hat. Shortly Harrison came down with pneumonia. On April 4, 1841, having only served 31 days, Harrison died. He was the first President to die in office and Harrison holds the record for serving the shortest term.

2. Few Constitutional Requirements: The Constitution prescribes little for inauguration day. Other than date and time, the Constitution only specifies the exact wording of the oath: "I do solemnly swear (or affirm) that I will faithfully execute the Office of President of the United States, and will to the best of my ability, preserve, protect and defend the Constitution of the United States."

1. Bible: The inauguration is often symbolized by the President taking his oath with his hand on a Bible. This tradition was first begun by George Washington. Some Presidents have opened the Bible to a random page (like Washington in 1789 and Lincoln in 1861), most others have opened the Bible to a meaningful verse. Harry Truman kept the Bible closed in 1945 and John F. Kennedy did in 1961. Some Presidents used two Bibles; John Q. Adams in 1825 and Franklin Pierce in 1853 placed hands on a book of law; Theodore Roosevelt refrained from using a Bible in 1901.

Tech Corner



Texting for Seniors

BFF: best friend fell

BTW: bring the wheelchair

TTYL: talk to you louder

BYOT: bring your own teeth

LMDO: laughing my dentures out

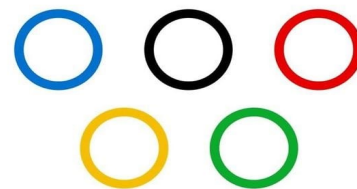
FWIW: forgot where I was

IMHAO: is my hearing aid on?

OMMR: on my massage recliner

ROFLACGU: rolling on floor laughing and can't get up

Comedy Corner 🤔



OLYMPIC GAMES TOKYO 2020

[SAFETY DISTANCE]

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